

April 29 --West Fork Hike-n-Bike – Bob De Wolf

Hike-n-Bike starts at 9:30AM Wednesday, April 29, 2009

This hike starts from the West Fork (San Gabriel River) bridge, 11.5 miles up Highway 39 (AKA Azusa Avenue) from Azusa, 1 mile past the Rincon Ranger Station. Take Azusa Avenue north from the 210 Freeway in Azusa. After you cross the bridge there is a parking lot with a small picnic area and some trees. Drivers: be sure to bring and display your Senior Pass.

Starting point: Walk or ride south from the parking lot across the bridge to the gate across the West Fork road.

Bike Ride: Ride west up the gradual grade of the West Fork road. At 7 miles you reach Glen Canyon Camp. A faint hiking trail to the left leads to Glen Canyon Falls after a short walk. Take this if you want a side trip. A mile past the camp is Cogswell Dam. The last part is steep so you may want to check your brakes for the ride down and walk your bike up the hill.

Hike: Hikers can walk the West Fork road along the creek as far as you please and return. Adventurers can turn off the road at a bridge after about a mile and take the trail up Bear Canyon. This trail involves a few water crossings, so be prepared to get your feet wet if you want to continue.