

## Palos Verdes Peninsula Forrestal OTP Hike February 24, 1999, 9:30 AM

This will be a seven or eight mile loop hike with about 1200 ft. or 1500 ft. elevation gain from Del Cerro Park to an area you have never visited. If the weather cooperates, the shoreline and ocean views are majestic.

We start down the Rattlesnake Trail and eventually turn onto the Kelvin Canyon Trail which takes us to the Burma Trail. After enjoying the view along the Burma Trail, we take a connector trail to the Intrepid Trail, then to the Forrestal Trail. At this point we will view the Forrestal Quarry Cliff. (For those of you who haven't felt challenged enough, *you know who you are*, you can continue with Ron on the Forrestal Trail up to the Flying Mane Trail, which goes all the way up and around the Forrestal Quarry Bowl and Cliff. After dropping down you reach the connector trail to the Burma Trail. Then take a steeeeeep shortcut trail past some Volcanic Cliffs, finally reaching a trail which connects to the Paintbrush Trail. You'll eventually join the Crenshaw Trail at the water tank, and go up to Del Cerro Park.) Meanwhile **back at Forrestal, Pat will retrace, with her group**, back to the Burma Trail. Part way back, we will turn up the Ishibashi Trail, with a small detour onto the Sealion Loop Trail, until we intersect the Paintbrush Trail. As with Ron's group we then proceed up to the park and refreshments.

Please Note: With all these different trails it will be **WISE** to stick together if you don't want to get lost, maybe forever. ☺

### Trailhead Directions

From the 405 Freeway take Crenshaw Boulevard South until it deadends at Del Cerro Park. Turn right into the parking lot.

Second Note: There are **NO** restrooms available at the Trailhead. ☹  
There is a MacDonald's on Crenshaw Blvd. about one mile before you get to the park at the corner of Silver Spur Road and Crenshaw Blvd.

Hike Mistress: Pat Forbess