

1180

Eaton Canyon to Henninger Flat

Date: 5/28/14

Leader: Tom Kaczmarek

Driving Directions:

From the 210 Eastbound: Take Exit #28- Sierra Madre Blvd. /Altadena. Turn left (North) at the first light (Altadena). Proceed 1.6 miles to the park entrance.

From 210 Westbound: Take Exit #29A- Sierra Madre Blvd. /San Marino. Go straight for 0.3 miles on E. Maple Street. Turn Right on Altadena Dr. Proceed 1.6 miles to the park entrance.

The hike starts @ the Eaton Canyon Nature Center (1750 N. Altadena Drive, Pasadena- just North of New York Drive) and proceeds on a mostly shadeless fire road to Henninger Flats. At the flats there is a nature center and a picnic area, complete w/ tables where you can enjoy your lunch under the arboreal dell (W. C. Fields reference). The total distance for this hike is 6 miles w/ an elevation gain of 1400'. Those so inclined can extend their hike by trekking down the fire road as far as desired.

For those interested in a more moderate hike, a 3 mile round trip to Eaton Falls would be an option. This hike has only minimal elevation gain allowing one to absorb the indigenous flora and fauna. The waterfall is also a nice place for a snack or lunch.

Bathrooms are available after 9am in the Eaton Nature Center Building. Also there are porta-potties at the trail head for those who need to attend to matters prior to the Center's opening.

Post-hike snacks & beverages will be served the shaded area near the Nature Center.

<http://alltrails.com/trail/us/california/henninger-flats>